

**The Centre for Reproductive Medicine and Minimally Invasive  
Surgery  
Baringa Private Hospital**

Maxwell Brinsmead MBBS PhD FRANZCOG  
*Infertility & Gynaecology*

Phone 02 6652 1266  
Emergency 0409 870 346

**Ovarian Reserve Study**

This test is for the purpose of assessing the responsiveness of a woman's ovaries. It provides information about their suitability for such assisted conception as IVF.

It consists of two blood tests, a scan of the ovaries at this Centre and the use of medication called GnRH (Gonadotrophin Releasing Hormone) that is usually administered as a nasal spray but can also be given by injection.

**Instructions**

The test is optimally started on the second day of the menstrual cycle (but it can also start on the 3<sup>rd</sup> day of the cycle). By convention Day 1 of the cycle is the day that you wake with your periods.

Please contact this Centre by phoning (02) 6652 1266 on Day 1 of your cycle. (If this happens on a Saturday or Sunday please contact Dr Brinsmead on his Emergency Number so that preparations can be made for you to come in on Monday (Day 3 or Day 2 respectively).

An appointment will be made for you to come in on Day 2 of your cycle.

After a brief consultation Dr Brinsmead will perform a vaginal scan to image the ovaries. This *does not* require a full bladder. A vaginal scan can be performed even though your period will usually be continuing on that day. The period is no problem.

You will then be given instructions about how and when to use the GnRH – usually in the form of a nasal spray called Syneral. You will also be sent to the Pathologist for a blood test on that day.

You will need to go to a Pathologist about the same time the next day for a second blood test. This does not need to be at the same place that you had your Day 1 blood test but it does need to be with the same Pathology Service eg Mayne Laverty or Sullivan and Nicolaidis.

The results of the Ovarian Reserve Study (ORS) will be available within one week. Another consultation will be scheduled with this Centre to discuss the results of the tests with Dr Brinsmead.

M Brinsmead 12 2002

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