

The Centre For Women's Reproductive Care

Baringa Private Hospital
31 Mackays Rd, Coffs Harbour 2450

Dr Harvey Ward

Provider No: 2511922B

Implanon Guide

You have received Implanon as your method of contraception. The following points should help you with your comfort and understanding of this method –

- Implanon is effective immediately, if inserted at the right time in your cycle (usually during your period). However, if you have Implanon inserted at another time in your cycle, then another method of contraception may be required for 7-14 days
- You should be able to feel your Implanon just under your skin of your upper arm, but it will not be visible
- You should keep the pressure dressing over the insertion site for 24 hours after insertion to reduce the possibility of any bruising or swelling.
- You should avoid getting the insertion site wet for 24 hours after insertion.
- There may be some itchiness over the implant for up to 2 weeks after the insertion. This is most probably due to healing and you should avoid scratching the skin over the implant. Rarely, Implanon may move from its original position. You are advised not to manipulate the rod after its insertion.
- **Most women experience a change in their menstrual bleeding pattern while using Implanon.** Generally this means that your periods are less often and less in amount. One in five women using Implanon will not bleed at all. A few women experience more frequent bleeding or spotting. If you find this troublesome then you phone this Centre for a follow up consultation for further advice. It may be possible to overcome the problem with medication without the need for removal of the Implanon.
- Implanon should be removed after 3 years, and if appropriate, a new one inserted. You have a card that notes when to have your Implanon removed and in which arm the Implanon has been inserted. Please keep this card in a safe place for your future reference.

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Please consider the implications for the patient's health and well being before disclosure of the contents of this communication to anyone other than the addressee. This is not to be copied without prior approval from this Centre

PATIENT INFORMATION SHEET

IMPLANON REMOVAL

1. If sutures have been used, they are dissolvable. Do not remove
2. Keep site clean and covered with a light bandage or elastoplast
3. If site becomes infected, weeps, bleeds or becomes red and painful contact GP immediately or go to Emergency Department if after

hours

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